

Appendix:
Revision to time gaps for Age Standard CPs
(as approved at 2014 AGM)

Age Standard CPs

26. In Age Standard CPs, groups shall be formed on the basis of age (i.e. five-year age categories). The time gaps between the age categories shall be as shown on the table below for a race of 50 miles. Time gaps shall be adjusted on a pro-rata basis for longer or shorter race distances:

(1)	80 years and upwards at Go.	=	0 mins.
(2)	75 - 79 @ 10 minutes	=	+ 10 mins.
(3)	70 - 74 @ 16 minutes	=	+ 6 mins.
(4)	65 - 69 @ 22 minutes	=	+ 6 mins.
(5)	60 - 64 @ 28 minutes	=	+ 6 mins.
(6)	55 - 59 @ 33 minutes	=	+ 5 mins.
(7)	50 - 54 @ 38 minutes	=	+ 5 mins.
(8)	45 - 49 @ 40 mins 30secs.	=	+ 2 min. 30 secs.
(9)	40 - 44 @ 41 mins 30 secs	=	+ 1 min.

27. In Age Standard CPs, the time gaps shall not be adjustable based on results. Neither shall it be possible to equalise the number of riders in each group. Some age groups may therefore contain only a few riders while other groups may be very large.
28. The annual Road Race Championship and the Founders 50 events shall be run as Age Standard CPs.